

הַלְכָה of the Week

~ בְּרִכַּת הַמְזוֹן (2) ~
(Grace After Meals - part 2) ~

One should sit when reciting בְּרִכַּת הַמְזוֹן , as this helps one concentrate.

One should not slouch impolitely in his chair. Rather, one should sit in a sensible, respectful manner and concentrate on the בְּרִכּוֹת he is reciting.

בְּרִכַּת הַמְזוֹן must be recited where the meal was eaten.

פְּרָקִי אָבוֹת of the Week

פְּרָק ד'
ו רבִּי יִשְׁמַעְיָאֵל בַּר רַבִּי יוֹסֵי אֹמְרֵי, הַלּוֹמֵד תּוֹרָה עַל מְנַת לְלַמֵּד,
מִסְפִּיקִין בְּיָדוֹ לְלַמּוֹד וְלִלְמַד. וְהַלּוֹמֵד עַל מְנַת לַעֲשׂוֹת, מִסְפִּיקִין בְּיָדוֹ
לְלַמּוֹד וְלִלְמַד לְשִׁמּוֹר וְלַעֲשׂוֹת.

Rabbi Yishmael Bar Rabbi Yose taught:

If someone learns תּוֹרָה in order to teach it to other people, (Heaven will make certain that) he will be able to learn and to teach; but if some learns תּוֹרָה in order to do the מְצֻוֹת, (Heaven will make certain that) he will be able to learn and to teach, to keep and to do the מְצֻוֹת.
