

הַלְכָה of the Week

~ בְּרָכוֹת הַנְּהַנִּין (3) ~

~ Choosing Which בְּרָכָה to Say First ~

When we have different foods in front of us, and we want to eat more than one of them, we need to know the order in which to take them and to say the different בְּרָכוֹת. The basic rules can be studied in the following chart.

MASTER LIST

1. Bread, rolls - הַמּוֹצֵיאַ
2. Cake, biscuits, crackers, pasta, pretzels, cereals and other מְזוֹנוֹת...
3. Wine, grape juice - הַנֶּגֶן
4. Fruits, vegetables:* a) same בְּרָכָה b) different בְּרָכָה
5. Other foods - שְׁהַכֵּל

* Fruits, Vegetables:

- SAME בְּרָכָה -

1. שְׁבַעַת הַמִּינִים

- a) Olives
- b) Dates
- c) Grapes
- d) Figs
- e) Pomegranates

2. a) Whole b) Sliced

3. חֲבִיב - Your preferred Choice.

- DIFFERENT בְּרָכָה -

1. חֲבִיב - Your preferred Choice.

2. שְׁבַעַת הַמִּינִים

3. a) Whole b) Sliced

4. a) בּוֹרָא פְּרִי הָעֵץ b) בּוֹרָא פְּרִי הָאֲדָמָה

Discuss: Which would you take first from: a) a fig and a date b) a whole apple and a slice of pomegranate
c) a slice of orange and a slice of banana which you prefer d) a grape and a pear which you prefer
e) a piece of cake and a fig f) a glass of grape juice and an olive which you prefer g) barley soup and olives

פְּרָקֵי אָבוֹת of the Week

פְּרָק ד

א בן זומא אומר, איזהו חכם, הלומד מכל אדם... איזהו גבור, תפובש את יצרו... איזהו עשיר תשמח בחלקו... איזהו מכבד, תמכבד את תבריות...:

Ben Zoma says: “Who is wise? He who learns from every person. Who is strong? He who controls his יצר הרע. Who is rich? He who is happy with his lot. Who is honoured? He who honours others.”
