

Year 3 ~ Week 7

הלכה of the Week

~ ברכות השחר ~

(The Morning Blessings, part 2)

The rabbis commanded many different ברכות to be recited before enjoying various pleasures available in the world.

They said: “A person is forbidden to gain any enjoyment from this world without first reciting a blessing. Whoever gains enjoyment without first reciting a ברכה is like one who steals a holy object.” (Berachot 35a)

Since everything in the world belongs to ה', taking anything for our personal use without first reciting a ברכה is like stealing a holy object. However, once a person has recited a ברכה he is permitted to gain benefit from the object.

פירקי אבות of the Week

פירק א
י"ד הוא היתה אומרה, אם אין אני לי, מי לי. ובשאיני לעצמי, מה אני.
ואם לא עבשיו, אימתי:

He (Hillel) also taught (that we should always ask ourselves three questions):

- a) if I am not for myself, who will be for me?
- b) ..and if I am for myself, what am I?
- c) ..and if not now, when?

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