

Year 3 ~ Week 6

הַלְכָה of the Week

~ בְּרִכּוֹת הַשָּׁחַר ~
(The Morning Blessings)

Every morning we recite a number of בְּרִכּוֹת thanking Hashem for His constant kindness to us.

These בְּרִכּוֹת are called בְּרִכּוֹת הַשָּׁחַר (the Morning Blessings).

These blessings, that our great rabbis have instructed us to say, remind us that everything we possess comes from ה'. Reciting בְּרִכּוֹת הַשָּׁחַר with concentration and feeling gives us a strong sense and belief that our lives, clothes, vision (ability to see) and all of man's other abilities and possessions are gifts from Heaven.

When thinking seriously about life, a person realises how much it is necessary to thank his / her Creator for the abundance (enormous amount) of good that he / she has been given. Saying בְּרִכּוֹת הַשָּׁחַר enables us to express our feelings of gratitude to ה'.

פְּרָקֵי אָבוֹת of the Week

פְּרָקֵי א
י"ב הֵלֵל וְשַׁמַּי קִבְּלוּ מֵהֵם. הֵלֵל אָמַר, הָיִי מִתְלַמְּדֵי שֶׁל אֶהְרֵן,
אֹהֵב שְׁלוֹם וְרוֹדֵף שְׁלוֹם, אֹהֵב אֶת הַבְּרִיּוֹת וּמְקַרְבֵּן לַתּוֹרָה:

Hillel and Shammai learned תּוֹרָה from them (Shemayah and Avtalyon). Hillel taught: "Be one of the followers of אֶהְרֵן (the בַּיִת הַגָּדוֹל). Love peace, run after peace, love people and bring them closer to the תּוֹרָה

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