

הַלְכָה of the Week

~ Times of תְּפִלָּה ~

Our three אָבוֹת fixed the times of prayer:

אַבְרָהָם instituted שְׁחִרִית in the morning,
יִצְחָק instituted מְנַחֵה in the afternoon and
יַעֲקֹב instituted מְעַרֵיב (or עֶרְבִית) in the evening.

The prayers that we recite are also a substitute for (take the place of) the קִרְבָּנוֹת, sacrifices, that were offered to Hashem in the בֵּית הַמִּקְדָּשׁ:

שְׁחִרִית, the morning prayer, is in place of the קִרְבֵּן תָּמִיד, the *Tamid-Sacrifice*, that was offered in the morning;
מְנַחֵה, the afternoon prayer, is in place of the קִרְבֵּן תָּמִיד, the *Tamid-Sacrifice*, that was offered in the afternoon;
מְעַרֵיב, the evening prayer, is in place of the burning of the sacrifices' parts at night.

מוֹסֵף is recited after שְׁחִרִית on Shabbat, Yom Tov (festivals) and Rosh Chodesh (the first day of the Hebrew month) and reminds us of the מוֹסֵף (additional) sacrifice that was offered on those days.

In our תְּפִלוֹת we pray for the בֵּית הַמִּקְדָּשׁ to be rebuilt soon so that we may once again serve ה' with קִרְבָּנוֹת. We look forward to this because the Temple service will bring the whole Jewish nation much closer to Hashem.

פְּרָקֵי אָבוֹת of the Week

פְּרָק א

ז נְתַאי הָאֲרֵבֶלִי אֹמֵר, הִרְחַק מִשְׁכְּנֵי רָע, וְאַל תִּתְחַבֵּר לְרָשָׁע, וְאַל תִּתְיַאֵשׁ מִן הַפְּרָעָנוֹת:

Nittai of Arbel says:

- a) Stay far away from a bad neighbour;
- b) Do not be friends with a bad person;
- c) Do not think that a bad person will escape his punishment.

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