

הַלְכָה of the Week

~ אֲשֶׁר יָצַר (2) ~

(The Blessing, "אֲשֶׁר יָצַר אֶת הָאָדָם בְּחָכְמָה"  
"Who has formed man in wisdom.")

בְּרוּךְ אַתָּה ה' אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם, אֲשֶׁר יָצַר אֶת הָאָדָם בְּחָכְמָה, וַיִּבְרָא בּוֹ נְקָבִים וְנְקָבִים, חַלּוּלִים חַלּוּלִים, גְּלוּי וְגְדוּעַ לִפְנֵי כֶּסֶף כְּבוֹדָךְ שֶׁאִם יִפְתַּח אֶחָד מֵהֶם, אוֹ יִסְתֵּם אֶחָד מֵהֶם, אֵי אֶפְשָׁר לְהִתְקַיֵּים וְלַעֲמוֹד לְפָנֶיךָ: בְּרוּךְ אַתָּה ה', רוֹפֵא כָּל בָּשָׂר, וּמַפְלִיא לַעֲשׂוֹת:

When reciting the בְּרָכָה of "אֲשֶׁר יָצַר" we give thanks to 'ה', Who created man's body with amazing wisdom and Who keeps a persons organs (all the different parts of a person's body) working throughout his life.

If one of a person's organs did not function (work) properly he would not be able to continue living. Only through the kindness of Hashem, "Who heals all flesh and acts wondrously," are we able to exist at all!

פְּרָקֵי אָבוֹת of the Week

פְּרָק ב

ה הֵלַל אוֹמֵר, אֵל תִּפְרוֹשׁ מִן הַצְּבוּר, וְאֵל תִּתְאַמֵּן בְּעֶצְמְךָ עַד יוֹם מוֹתְךָ, וְאֵל תִּדְּוֵן אֶת הַבְּרִיָּה עַד שֶׁתִּגְיַע לְמִקּוֹמוֹ, וְאֵל תִּתְאַמֵּר דְּבַר שְׂאֵי אֶפְשָׁר לְשִׁמוֹעַ שְׂסוּפוֹ לְהִשְׁמַע. וְאֵל תִּתְאַמֵּר לְכַשְׁאֶפְנָה אֲשַׁנָּה, שְׂמָא לֹא תִפְנָה:

**Hillel** said:

- a. Do not separate yourself from the community;
- b. As long as you live, do not think that you will never sin;
- c. Do not judge another person until you have reached his place;
- d. Do not say something that can not easily be understood even though you think it will be understood eventually;
- e. Do not say, "I shall study (Torah) when I have free time," for you may never have free time.

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